Attending Physician's Return to Work Report – Form Instructions

Purpose of the form:
The Attending Physician's Return to Work Report (MD-3-RRM) should be completed when an employee is released to return to work following an injury or illness absence of more than 7 days but less than one year.

Who completes the form:
The employee's supervisor should complete the top portion of the form, then give to employee for completion by his/her personal physician for completion. The physician should return the form to:

CSX Transportation Medical Department
P.O. Box 40586
Jacksonville, FL 32202-0568

Contact information:
If you have questions about the Attending Physician's Return to Work Report, call 904-359-3714.

Forms may be faxed to 904-245-3967 to expedite processing.

4805943366

FORM MD-3-RRM
REV. 2-93

MEDICAL DEPT. USE ONLY

Medical Department
500 Water Street J-290
Jacksonville, FL 32202
(904) 359-3714
FAX NO. (904) 245-3967

ATTENDING PHYSICIAN'S RETURN TO WORK REPORT

To be completed and submitted only when an employee is released to return to work following injury or illness absence. Supervisor will complete top portion of form and give to employee for completion by his/her personal physician following an absence from work due to injury or illness.

EMPLOYEE LAST NAME, FIRST NAME, MIDDLE INITIAL		DOB	PHONE NUMBER
ADDRESS			
SOCIAL SECURITY NUMBER	I.D. NUMBER	EMPLOYEE OCCUPATION	
DIVISION/SHOP/OTHER	DEPARTMENT	WORK LOCATION	
SUPERVISOR/EMPLOYING OFFICER (NAME) AND PHONE NO.			

LAST DAY WORKED: _____

EMPLOYEE CLAIMS ON-DUTY INJURY: YES _____

NO _____

The above employee has reported that he has been under your professional care. To enable me to give consideration to his return to work, please complete the remaining portion of this report in entirety. Please call me collect if any clarification or discussion is desired.

Please return the completed form and all attachments to me at the address shown above. All information will be treated confidentially.

Thomas J. Neilson, M.D.
Chief Medical Officer

1. History: _____

2. Physical Findings (Please include B/P, visual acuity, blood sugar, x-ray findings, etc., when appropriate.):

3. Diagnosis: _____

(For certain diagnoses, i.e., heart disease, diabetes mellitus, seizure disorders, or disturbances of consciousness, substance abuse, or if the employee has been hospitalized or institutionalized, specific additional information is required. Please see page 3.)

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4. Treatment (please include dosage and frequency of any medication):

5. Will any medication employee is taking adversely affect alertness, coordination, judgement, vision or gait? _____ NO _____ YES
(Please check one)

If yes, please explain

6. Duration of Care: From _____ To _____

7. Prognosis: _____

Date of next visit (if any) _____

8. The employee is able to perform his/her assignment without posing a direct threat to his/her own safety or the safety of others:

With no restrictions _____

With restrictions _____

(Whether a person poses a "direct threat" to himself/herself or others must be based on the most current medical knowledge and/or the best available objective evidence about this individual. There must be a significant current risk of substantial harm; the risk may not be speculative or remote. In reaching your conclusion, you should consider the duration of the risk, the nature and severity of the potential harm, the likelihood that the potential harm will occur, and the imminence of the potential harm. If you conclude that this person would pose a "direct threat" please provide us with the basis for your conclusion addressing the issues noted above.)

9. If you recommend any work restrictions, limitations, or accommodations, please specify.

10. If yes, in your opinion, how long will recommended work restrictions be in effect? .

Signature of Personal Physician

Date

Please Print or Type Name,
Address, and Telephone Number of
Personal Physician Beneath his
Signature

ADDITIONAL INSTRUCTIONS FOR CERTAIN DIAGNOSES NAMED IN ITEM 3.

If any of the conditions named below apply, please provide the additional information requested below, attaching additional sheets as necessary.

If employee is suffering from heart disease: copy of results of recent electrocardiographic stress test (if not already performed, should be performed if not clinically contraindicated and results provided at employee's expense); copy of results of Holter monitoring (if not already performed, should be performed if any evidence of arrhythmia on physical examination, stress test or otherwise, and results provided at employee's expense); copy of results of any other specialized laboratory testing that may have been performed.

If employee is suffering from diabetes mellitus: diet prescribed; frequency, nature and severity of any symptomatic hypoglycemic or hyperglycemic episodes or reactions in the past six months, results of fasting blood sugar and glycosylated hemoglobin (hemoglobin A1C) determination performed within the last thirty (30) days (if not already shown in Item 3, above); state of employee's compliance with treatment regimen; frequency of employee's visits to you for monitoring and nature of any employee self-monitoring; nature, severity and extent of any diabetic complications (e.g., retinopathy, neuropathy, etc.); ability of employee to recognize and deal with hypoglycemic reactions.

If employee is suffering from seizure disorder or disturbance of consciousness: frequency, nature and severity of any seizures or disturbances of consciousness in past one year; results of recent neurological examination; results of any specialized laboratory tests (e.g., EEG, brain scan, blood levels or medications, etc.) that may have been performed; state of employee's compliance with treatment regimen; frequency of employee's visits to you for monitoring.

If employee is suffering from substance abuse: copy of results of any recent blood alcohol determinations and urine drug screening; details of rehabilitation and recovery plan; nature, extent and severity of any complications of substance abuse.